

Reflections.

FROM A BOARD ROOM MIRROR.

Princess Christian of Schleswig-Holstein, President, presided at the Annual Court of Governors of the Royal Free Hospital, when the Chairman of the weekly Board, Mr. Holroyd Chaplin, in moving the adoption of the Annual Report, stated that a chapel was needed, and it was intended to erect one as a memorial to the late King. Mrs. Scharlieb, Consulting Physician to the Hospital, spoke of the need for maternity beds. Dr. Harrington Sainsbury said an observation and isolation ward would be an incalculable benefit, and Mr. James Berry urged the necessity for a new out-patient department.

Earl Cathcart, presiding at the annual meeting of Governors at University College Hospital last week said that the "so-called people's Budget" had not helped the hospital authorities much. The duty on proof spirit had been raised by 3s. 9d. a gallon, and alcohol was much used in the preparation of the drugs.

Dr. D. L. Thomas, the Medical Officer of Health for the Borough of Stepney, reporting on the outbreak of small-pox, says that he does not anticipate any fresh cases as a result of contact with the patient at the London Hospital, as all the patients and nurses in the ward were immediately vaccinated, as well as the doctors and students who visited the ward. He is visiting all suspicious cases at the hospital.

After the Annual Meeting of the London Homœopathic Hospital, on Friday in last week, the new Sir Henry Tyler Wing was on view. When it is opened the hospital will have an additional sixty-two beds, a number of which will be for paying patients in single wards.

An ambulance for disabled horses, named "The Venture," has been presented to Our Dumb Friends' League by Mr. Alfred G. Vanderbilt. It has a padded stall, and runs on rubber tyres. It is to be kept at the stable of Messrs. Wall, in Cromwell Road, Kensington.

A second large edition of the "King's College Hospital Book of Cooking Recipes," first published in 1907, and by means of which about £450 has already been raised for the removal fund, is now being issued, the first edition being completely sold out. The book is entirely made up of recipes contributed by the many friends of the hospital. Notable amongst the recipes are several in which a Hindoo chef deals with his native dishes.

The second annual Simple Life Conference and Exhibition, now being held at Caxton Hall, was opened on Tuesday, March 21st. Many interesting exhibits illustrating the principles of the Society were on view. In the entrance hall a stall illustrated a dietary for three days at the cost of fourpence per head; and, of course, consisting entirely of fruitarian diet, lentil cutlet, jam roly-poly, oat cake, stewed

fruit, and many other dishes, showing great ingenuity and variety. Footwear made of vegetable substances was a feature of the Exhibition.

Sir Victor Horsley presiding at a discussion at Clifford's Inn on the medical inspection of school children, said that the people of the metropolis had a very great complaint against the London County Council, which had done so little work in the past five years with respect to medical inspection. Merely to take selected schools, and, by inspecting the few children, arrive at an idea of what was happening in the mass was not the intention of the Act of 1906. The organisation of this medical inspection was hopelessly ridiculous from the medical point of view. The organisation was inadequate, the staff was inadequate, and the result was that the work done was inadequate. The only rational way to carry out medical treatment was to establish school clinics.

Chicken-pox for a period of three calendar months will be a notifiable disease within the Administrative County of London.

The 138th Annual Report of the Leicester Infirmary states that the work of the year has been performed under very great stress and pressure. The number of in-patients treated has been 3,358, an increase of 125 on the previous year, and the average daily number has been 216.3. This larger work was rendered possible by the occupation of the "Gertrude Rogers" Ward on the top floor of the new wing on being vacated by the nursing staff when they took up their residence in the "Edward Wood" Nurses' Home.

COUNSELS TO NURSES.

Messrs. Mowbray, of 28, Margaret Street, Oxford Circus, W., have just published a small book of "Counsels to Nurses," by the late Bishop of Lincoln, Dr. King, being his addresses and letters to the Guild of St. Barnabas for Nurses, edited by the Rev. E. F. Russell, Chaplain to the Guild, who contributes to the volume a preface and a biographical note on Bishop Sailer. The frontispiece is a delightful picture of the late Bishop of Lincoln and the Bishop of London, while the portrait of Bishop Sailer, taken from a picture presented to Bishop King by the Guild, is full of dignity and charm.

Referring in his preface to the first years of the Guild, Mr. Russell writes: "The nursing institutions gave us little encouragement; they looked with suspicion upon what seemed to them an invasion of their kingdom. One Matron was actively hostile to us, and warned her nurses that to join the Guild would mean instant dismissal." It was much that the Guild should have Bishop King's interest and confidence. "One of the kindest men by native temperament, his life-long communion with God had touched his genial face with a light, a sweetness, and a spiritual beauty that charmed all who saw him."

Many nurses will realise their indebtedness to Mr. Russell for collecting and preserving the great Bishop's teachings for them in so charming a form.

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